

MUSKEGON YACHT CLUB

# PORTWATCH

JULY 2020



*Photo Credit: Member Jeff Rollins on 6/8/2020 @ 11:00am*

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3198 Edgewater, Muskegon, MI 49441 • 231-755-1414  
[www.muskegonyachtclub.org](http://www.muskegonyachtclub.org)

## FLAG OFFICERS

Commodore.....Tim Wallace  
Vice Commodore.....Jay Wallace Jr.  
Rear Commodore.....Eric Bombery  
Treasurer.....Larry Taunt  
Secretary.....Jessica Ledsworth  
Past Commodore.....Brad Fisher

## BOARD OF DIRECTORS

Kevin Moore  
Cathy Lindland  
Andrew Harris  
Mark Marchido  
Andy Price

## FLEET OFFICERS

Fleet Captain of Sail.....Greg Young  
Fleet Captain of Power.....Paul Wickland  
Fleet Surgeon.....Dr. Don Crandall

## STANDING COMMITTEES

By Laws.....Bill Newman, Ben Broughton  
Dock & Yard.....Joel Seifert, Jill Keast  
House.....Ross Simpson, Karen Garvey  
Juniors.....Scott Corder  
Membership.....Melody Stenstrom  
Race & Regatta.....Sam Nedeau

## MYC STAFF

General Manager.....Kim Nguyen  
Business Manager.....Sue Peters  
Facilities Manager.....Nicky Anderson  
Chef.....Josh Sotzen  
Bar Manager.....Dianna Kent

### **Table of Contents:**

Officers & Staff  
Commodore's Comments  
Meeting Schedules  
Committee Reports  
News & Articles  
Club Notices  
Calendar

### **Portwatch Submissions:**

Please email Kim Nguyen  
[kim@muskegonyachtclub.org](mailto:kim@muskegonyachtclub.org)  
Deadline for content  
submission is the 20<sup>th</sup> of each  
month.



### **MYC Staff Contacts:**

Kim Nguyen,  
General Manager:  
[kim@muskegonyachtclub.org](mailto:kim@muskegonyachtclub.org)  
  
Sue Peters,  
Business Manager:  
[sue@muskegonyachtclub.org](mailto:sue@muskegonyachtclub.org)  
  
Nicky Anderson,  
Facilities Manager:  
[nicky@muskegonyachtclub.org](mailto:nicky@muskegonyachtclub.org)



## COMMODORE'S COMMENTS:

Fellow MYC members,

As we slowly get back into the swing of Summer it is exciting to see all that is happening around the club. The docks along the seawall are now raised and looking good! A LARGE group of volunteers completed the main dock extension...IN ONE DAY!!! Congratulations and a big thank you to all involved in making this happen...especially Joel Seifert who headed the project. We now have some new staff members that will help us get back to normal. The pool is open and swimming lessons are underway. We had a wonderful report from our recent Health Dept inspection...this proves that our top-notch staff is doing top-notch work to protect and safely serve us! Let's make sure to let our staff know how much we appreciate their efforts! Kim is busy signing new members up and renting slips in addition to all her other duties. Nicky is very busy trying to catch up on things she usually has 2 more months to prepare for while keeping MYC on track with hygiene and social distancing. There are many more things that are in the works and we (MYC) are very lucky to have the high-quality staff and volunteers that work tirelessly to make MYC thrive. This year has not been easy on us but we will persevere on to an even brighter tomorrow.

Please join us in supporting the club as we enjoy all that MYC has to offer.

Tim Wallace  
Commodore



## 2020 Capital Improvement Fund Update

**2020 Collected:**

**\$ 55,557**

**+**

**12/31/19 Balance:**

**\$ 40,624**

**2020 Expenditures:**

**None**

**Available Balance =**

**\$ 96,181**



## 2020 Dock Claim Insurance Settlement Summary

<b>Date</b>	<b>Transaction</b>	<b>Amount</b>	<b>Balance</b>
6/25/18	Ins. Settlement Chk #1 of 2	50,000.00	50,000.00
6/25/18	Tucker Marine Constr. #168	-25,700.00	24,300.00
8/6/18	Ins. Settlement Chk #2 of 2	401,733.43	426,033.43
12/12/18	Tucker Marine Constr. #190	4,800.00	421,233.43
1/31/19	Edgewater Resources #1147	6,180.00	415,053.43
2/28/19	Edgewater Resources #1242	2,896.75	412,156.68
4/11/19	Edgewater Resources #1389	1,105.00	411,051.68
7/19/19	Soils & Structures #68775	9,400.00	401,651.68
7/31/19	Tucker Marine Constr. #219	6,000.00	395,651.68



## Club Hours of Operation

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	<u>Bar Hours</u>	<u>Kitchen Hours</u>
Monday:	Club Closed	Club Closed
Tuesday:	3-10 pm	Closed
Wednesday:	3-11 pm	4-9 pm
Thursday:	3-10 pm	4-9 pm
Friday:	12-11 pm	12-9 pm
Saturday:	12-11 pm	12-9 pm
Sunday:	1-9 pm	1-8 pm

### MYC Committee Meeting Reminders:

**Dock & Yard Committee – 2<sup>nd</sup> Thursdays at 6:30 pm**

**House Committee – 2<sup>nd</sup> Saturdays at 10:00 am**

**Membership Committee – 2<sup>nd</sup> Saturdays at 11:00am**

**Race & Regatta Committee – 3<sup>rd</sup> Weds at 7:00pm**

**Social Committee – as needed**

**Board Meeting – 3<sup>rd</sup> Thursdays at 7:00pm**



### **Membership Committee Report:**

## **WELCOME NEW MEMBERS!**

*On behalf of the Membership Committee, we are happy to announce the following additions to the MYC Family:*

Clayton & Dana Darrow	Full Members	Norton Shores, MI
Michael & Ashley Atkins	Junior Members	Ada, MI
Braden & Stephanie Britton	Junior Members	Muskegon, MI
Peter & Jennifer Duff	Full Members	Norton Shores, MI
Jamie Ireland	Full Member	Norton Shores, MI
Brian & Jamie Lang	Full Members	North Muskegon, MI
Brendan Pelto	Full Member	Muskegon, MI



## *MYC Custom Merchandise*

- Cotton & Dry Wick T- Shirts
- Cotton & Dry Wick Long Sleeve Shirts
- Hats & Visors
- Burgee Flags
- Iron on patches
- Women's Swim Skits
- Polo Shirts
- Royal Blue - Quarter Zip Sweatshirt
- White - Quarter Zip Sweatshirt
- Grey - Light Weight - Full Zip Fleece
- Royal Blue & Black - Full Zip Fleece
- 15 oz Stemless Wine Glasses
- 2020 Calendars



*Ask the bartender on duty for assistance!*



## House Committee Report:

As I'm writing this report, there has been a tremendous increase over the weekend of new cases of the coronavirus; it is taking off again across the country. In a lot of areas, the rules are being changed at speed, with bars being closed, and rules around dining being changed. We've seen a spike in cases throughout the state of Michigan, in Oceana County, and also in the Lansing area. These are awfully close to home. Muskegon Yacht Club will continue to comply with all rules and regulations set forth by the local, state, and federal governments.

We have seen many changes in our club in the past month, from opening the bar and restaurant at a limited capacity and abbreviated menu, to opening the swimming pool. We thank the membership for your patience and willingness to cooperate to get our club back up and running safely. It is pleasing to see the number of people at MYC who are complying with the COVID-19 guidelines and are wearing face coverings around the club. We would encourage everyone to continue to do so to protect our fellow members.

We also appreciate the support the membership is giving the staff and the bar and restaurant. As you may or may not be aware, we have been running the kitchen with just the two Joshes, with help from the other club staff as time allows. They have done a tremendous job and we thank them all for their efforts. I am pleased to say, we are getting back to a full slate in the kitchen. Brandan started last week, and we hope to have Scott back within the next couple of weeks.

As a club we need to thank all of our staff that have kept the club running over these last 100-plus days. There has been a tremendous amount of work done in the background to get the club ready and open. All that hard work paid off with a surprise Muskegon County Health Department inspection at the end of last week. The club received a

near-perfect report. This was the culmination of a whole team effort, led by our Facilities Manager, Nicky Anderson. We thank all of our staff for their efforts in the wide range of ways they step up every day for the benefit of Muskegon Yacht Club and its members.

Ross Simpson and Karen Garvey  
Co-Chairs, House Committee



## **Dock & Yard Committee Report:**

The main dock has been raised! Again, thank you to all the hard work of so many volunteers. Kudos! While this "main" concern is resolved, the D&Y still has a multitude of other projects on the table. For those of you who don't already know, we have a new Dock and Yard Assistant - Welcome Hudson Richards! As we understand, Hudson is quite the seasoned boater and will be a great help to the D&Y and membership for the summer. Stay tuned for more news on additional hires as we move along through the season.

So, all of you know, D&Y is fully aware of the outside bath peeling paint issue. We are consulting with professionals trying to figure out the best way to get the longest lasting results. Just painting over a long running problem is not going to work. Another project we are all waiting for completion is attenuator repair. Unfortunate for us, but an understandable priority, our contractor is still trying to save Lake Michigan shoreline houses from falling into the water. We ARE on the list. We just have to be patient. They will get to us as soon as they can. D&Y is also exploring the addition of solar lighting around the front yard pool and fire pit area. We want to choose the best lighting and have them be aesthetically pleasing. This is why you now see them temporarily mounted around the yard.

Thank you!  
Jill Keast  
Joel Seifert





## Juniors Committee Report:

### MYC SAILING SCHOOL CLASSES CANCELLED FOR 2020



After extensive research and abundant, heartfelt deliberation, the *MYC Sailing School* has decided to cancel all sailing classes for the summer of 2020. As everyone can imagine, this was a very difficult decision to make.

Our number one priority has always been the safety of our young sailors and our instructional staff. To be sure, the Covid-19 pandemic has significantly magnified the importance of conducting our programs in a safe and responsible manner. The appropriate or required preventative measures such as limited class sizes, social-distancing, staff training, equipment sanitization and daily health documentation are simply too cumbersome for us to consistently and confidently accomplish.

Furthermore, given the many major challenges MYC as a whole is already facing due to Covid-19 and record high water levels, the prospect of reduced revenue and increased expenses for the Sailing School is an additional financial risk the yacht club simply cannot justify at this time.

While it is too early to predict what 2021 will look like, we are already busy gathering information and studying the experiences of other programs around the country to identify and prepare for what our sailing school programs might look like next summer. Thanks to everyone for your patience and support!

### WEST MICHIGAN YOUTH SAILING REGATTAS CANCELLED FOR 2020



After originally postponing the start of its 2020 season until July 6 due to Covid-19, the West Michigan Youth Sailing Association (WMYSA) has now decided to cancel its entire 2020 regatta schedule.

Meanwhile, the collaborative nature of the WMYSA is proving to be extremely beneficial to every program in the league as the nearly one dozen junior programs in the WMYSA continue to share their pandemic-related knowledge and experiences and on a weekly basis. This is proving to be very valuable in this time of crisis, and everyone is eagerly looking forward to the annual WMYSA leadership meeting in December when lots of information will be shared for the collective benefit of youth sailing programs in West Michigan.

## 2020 BUTTERFLY NATIONALS CANCELLED



Due to Covid-19, the Butterfly Class Association and Spring Lake Yacht Club have announced the cancellation of the Butterfly National Championship Regatta originally scheduled for July 14-16.

## 2020 WMYA WESTERNS REGATTA CANCELLED



On June 1, the West Michigan Yachting Association (WMYA) Board of Directors announced the cancellation of its annual Westerns Regatta which was originally scheduled to take place at Torch Lake Yacht Club on Aug 6-9. They also announced that the host rotation schedule remains as planned – which means the 2021 Westerns Regatta will take place at Spring Lake Yacht Club.

## MYC JUNIOR RACE TEAM NEWS



With all youth regattas in the West Michigan region cancelled for the summer, the MYC Junior Program leadership is exploring some small-scale ways to safely and responsibly keep some of its most experienced Race Team members engaged in sailing this summer.

We are currently studying the efforts of several other programs around the country including Sail Newport and San Diego YC. More details will be provided directly to our veteran *MYC Race Team* members as they develop.

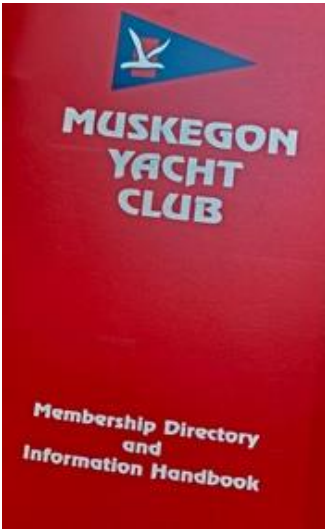
## FOLLOW THE JUNIORS ON FACEBOOK TO STAY UP ON THE LATEST NEWS!!

The following link will take you to our Facebook page: <https://bit.ly/2QLVjLA>

## PLEASE SUPPORT MYC JUNIOR PROGRAMS BY GIVING TO THE MJSA



The *MYC Sailing School* and *MYC Junior Programs* are made possible through the generous support of the **Muskegon Junior Sailing Association (MJSA)** which is a 501c3 charitable organization separate from MYC. While MYC handles the operational cost of running these programs through instructional and racing fees, the MJSA (not MYC) actually owns the boats and, through an annually-renewing lease, provides this equipment cost-free to MYC. Please consider making a tax-deductible donation to the MJSA. For more info and to make a donation, please click the link below:  
<http://www.muskegonyachtclub.org/myc-juniors/mjsa/>



The 2020 MYC Member Handbook, better known to members as “The Red Book” will be released soon!

The Red Book is your practical source for everything you need to know about MYC: our members, our general membership guidelines, how things operate, our Policies, Rules & Fees, and the By-Laws governing our club.

We are pleased to report that this year, thanks to the efforts of several committees and our staff, the Red Book has undergone a much-needed, major clean-up effort. The information it contains has been reorganized to be much more user-friendly and intuitive. Some new sections have been added with more information about the many ways you can engage at MYC. References have been added throughout to help readers connect various policies or rules with other related rules or corresponding fees.

If you are new to our club, we encourage you to read it thoroughly and frequently refer back to it. You will find that each time you go through it you will learn something new about our club, about how things work, and all the people who take part and help make MYC great.

Even if you have been a MYC member for many years, we strongly encourage you to spend some time perusing the Red Book, reacquainting yourself with the mechanics of our club (bylaws, policies, rules, etc.) but even more importantly reacquainting yourself with fellow members. Get to know people you see at the club, or who owns what boat. Spend some time making new friendships - that’s what our club is all about! Don’t just set this directory aside, use it to make our club even stronger!

The Red Book will be distributed electronically via email. A limited supply of printed copies will be available for those who prefer and already have the red binder we give to new members. It will also be accessible via a members-only link on the MYC web site.

Thank you!



## News from the General Manager:

Last month MYC was visited by the Muskegon County Health Department two times for two different inspections. It is my pleasure to report the following:

- MYC Pool Inspection – Near perfect inspection. MYC will need to continue filling in the cracks on the concrete in the pool area as well as repainting the MYC outside restrooms. Our water quality, staff, COVID precautions all passed with flying colors. Way to go Nicky, Mick, and the rest of our pool staff for a job well done in making our pool one of the best around.
- MYC Bar, Restaurant, and Clubhouse Inspection – I received the final report that cited the following: “Compliance was achieved during the full routine evaluation – **NO violations being cited**. Facility is following safe practices during the COVID-19 Pandemic.” A huge thanks to our kitchen & bar staff for all their due diligence and commitment to excellence. I appreciate each of you!

Please help me in welcoming Josh Sotzen to the MYC management staff as our Head Chef. Josh joined the MYC staff in 2019, bringing a multitude of experience and leadership including Hank's Tavern and Harris Hospitality. He holds degrees in Culinary Arts and Food & Beverage Management. We are excited he has accepted the position and look forward to tasting more of his creations. He has done an outstanding job reopening MYC kitchen post COVID-19 shutdown. Thank you, Josh! Also, help me welcome Brandan Fry as our new line cook. Brandan just moved to Muskegon and has a ton of cooking experience. We are excited to have him aboard as well. Huge shout out goes to Jersey who just celebrated her 8<sup>th</sup> year at MYC and to Dianna who celebrated her 7<sup>th</sup> year. Thank you, ladies, for your continued support and dedication to the job!

MYC has an amazing, trustworthy, and loyal staff. I am proud to have you all on my team! Thank you again for all your hard work.

Kim Nguyen  
kim@muskegonyachtclub.org



## Race & Regatta Committee Report:



### Amended Covid 19 Schedule

## Muskegon Yacht Club 2020 Race Calendar

Date	Day	Time	Event (Black=MYC Purple=Non-MYC)
5/27-6/17	Wed	6:30 PM	Practice Races
<b>5/23-24</b>	<b>Sun</b>	<b>See NOR</b>	<b>MYC Commodore's Cup *</b>
6/11	Thurs	8:00 AM	LMSS Double Handed Race (To Port Washington)
6/24	Wed	6:30 PM	First Race of McKenzie Price Series
6/20-21	Sat-Sun	See NOR	MBYC Commodore's Cup (Holland MI)
6/26	Fri	7:00 PM	Running of the Gauntlet, Holland to Weather Buoy and back (MBYC)
6/27	Sat	1:00 PM	McKenzie Price Challenge (2 Races)
<b>7/4</b>	<b>Sat</b>	<b>11 am</b>	<b>Nedeau Cup*</b>
7/5	Sun	12 pm	Craig Powell Memorial
7/15	Wed	6:30 PM	Last Race of McKenzie Price Series
7/22	Wed	6:30 PM	First Race of Lake Michigan Clipper Cup Series
7/11	Sat	12:00 PM	Port Huron to Mac BYC
7/11	Sat	1 pm	Lake Mi Clipper Cup Challenge (2 races)
7/18	Sat	1 pm	Whitehall/ White Lake Race
7/25-26	Sat/ Sun	See NOR	Ugotta Regatta LTYC (Harbor Springs)
7/29	Wed	6:30 PM	Harbor Hospice Race (part of Wed Night Series, Separate entry for HH scoring)
8/7	Fri	See NOR	Lake Michigan Clipper Cup (to Port Wash) LMSRF
8/7-9	Fri-Sat-Sun	See NOR	Verve Cup Chicago CYC
8/12	Wed	6:30 PM	Last Race of Lake Michigan Clipper Cup Series

8/19	Wed	6:30 PM	First Race of Bluffton Bay Sails Series
8/15	Sat	7:00 AM	MYC Pursuit Race to GH
<b>8/15</b>	<b>Sat</b>	<b>12:00 PM</b>	<b>GRSC/ MYC Commodores Invitational *</b>
8/22	Sat	1 pm	BBS Challenge (2 Races)
9/2	Wed	6:15 PM	First Warning Time Changes
<b>9/5-6</b>	<b>Sat/Sun</b>	<b>See NOR</b>	<b>Governor's Cup Regatta *</b>
9/9	Wed	6:15 PM	Last Race of Bluffton Bay Sails Series
9/12	Sat	See NOR	Anchorage Cup (GH to Holland) AYC
9/16	Wed	6:15 PM	First Race of Pigeon Hill Brewing Series
10/14	Wed	6:15 PM	Wednesday Fall Challenge/Last Race of Pigeon Hill Brewing Series
11/7	Sat	6:00 PM	MYC Annual Awards Banquet

#### Wednesday Night Racing Series Scoring:

Season scoring will be based on individual "high point" overall scoring of the best twenty (20) Wednesday night finishes of the total twenty (20) scheduled from 3 June 2020 through 14 October 2020. First Warning is 6:30 PM until 2 September 2020 when the First Warning is 6:15 PM for the rest of the season. The fleet will obtain one (1) throw-out race for every five (5) races scored. For example, if nineteen (15) races are scored, then the fleet will receive three (3) throw-outs which can be applied to the nineteen (15) races scored. If the twenty (20) race is scored, the fleet will receive a fourth (4th) throw-out. The class winners and overall winner of the Wednesday Night Racing Series will be the boat(s) with the highest amount of points after the allowable throw-outs. One (1) race sailed shall constitute the summer series.

#### Wednesday Night Sponsor Series Scoring:

There will be four (4) separate Wednesday Night Sponsor Series. These races will be the first five (5) Wednesday nights followed by the following five (5), the next five (5) and the last five (5) Wednesday nights. Each Sponsor Series will be scored independent of the overall Wednesday Night Racing Series. If five (5) races are scored, each boat will receive one (1) throw-out. If less than five (5) races per series are scored, there shall be no throw-out. The class winners and overall winner of each Sponsor Series will be the boat(s) with the highest amount of points after the allowable throw-out. One (1) race scored shall constitute a series.

#### Blacklock Cup Trophy Scoring:

The Blacklock Cup will be awarded for the Best Overall High Point score for the combined races marked above with a **red \***: MYC Commodores Cup, MYC Nedeau Cup, GRSC/MYC Commodores Invitational, and MYC Governor's Cup. There will be one throw-out available for the Blacklock Cup Scoring.

#### Spring & Fall Challenge Scoring:

The Spring and Fall Challenge will continue to each be awarded as single events. In addition, they will count towards the Wednesday Night Racing Series and they will count towards the one (1) of two (2) of the Sponsor Series that they will fall in on the race schedule, unless either are abandoned.

#### Nedeau Cup:

The 2020 Nedeau Cup will be awarded to the Overall Winner of the Nedeau Cup Regatta scheduled for 4 July 2020. It is the intent of MYC RC to set the course for this event on Lake Michigan.





**Wednesday, July 29**



*Who will it be?*

Overall Winner (Spinnaker) will qualify for National Hospice Regatta and (2) VIP tickets to Beanies, Brunch and Brews 2021 in downtown Muskegon)

1st Place Awards for Divisions 1, 2, 3, 4 and 5 and Bob Harvey Memorial Award

Part of regular racing series but you must register through race committee separately or visit [HarborHospiceMI.org/ways-to-give/regatta](http://HarborHospiceMI.org/ways-to-give/regatta). Registration fee of \$50 for qualified and non-qualified with proceeds benefiting to the Harbor Hospice Foundation.



# Harbor Hospice Regatta

Muskegon Yacht Club July 29, 2020



## ENTRY FORM

Yacht Name \_\_\_\_\_ Boat Make/Model \_\_\_\_\_

Sail No. \_\_\_\_\_ PHRF No. (if applicable) \_\_\_\_\_ Owner/Skipper \_\_\_\_\_

Email \_\_\_\_\_ Telephone \_\_\_\_\_

Address \_\_\_\_\_

Fees (check appropriate boxes, fill in blanks, total):

- |   |                  |
|---|------------------|
| <input type="checkbox"/> Qualified Fleet (able to be PHRF rated)                      | \$50.00 per Boat |
| <input type="checkbox"/> Non-Qualified Fleet (Cruiser, Laser, JY15, M17, Hobie, etc.) | \$50.00 per Boat |



\_\_\_\_\_ Judy Miller Memorial Challenge - Division Sponsoring (1 thru 5) \_\_\_\_\_ \$ \_\_\_\_\_

**Mailed Entry Forms due by Friday, July 24 –**

Total \$ \_\_\_\_\_

Please mail form with total amount due to:

Harbor Hospice Foundation, 1050 W. Western Avenue, Suite 400, Muskegon, MI 49441

*Please make checks payable to Harbor Hospice Foundation*

*By submitting this form, I am acknowledging that sailing and racing are inherently hazardous activities and I agree that I, together with my crew, am participating at our own risk and with full knowledge that accidents can take place. To the fullest extent permitted by law, I hereby waive any rights I, or my crew if applicable, may have to file a lawsuit against Harbor Hospice, the Harbor Hospice Foundation, and the race organizers (including any organizing authority, officers, race committee, protest committee, host clubs, sponsors, or any other organization or official involved with the event) with respect to personal injury or property damage suffered by myself or my crew as a result of our participation in this event and hereby release the parties listed above from any liability for such injury or damage.*

**I agree to be bound by the racing rules of sailing and by all other rules that govern this event.**

Print Full Name \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_



# 2020 Governor's Cup Regatta

LABOR DAY WEEKEND  
September 4-6, 2020

Divisions for Spinnaker, Jib and Main, and  
Cruisers

Friday Evening,  
September 4, 6-10pm  
Cocktail Party &  
Skipper's Meeting  
MYC Pool

BBQ Picnic Dinner  
Entertainment &  
Dancing

Saturday, September  
5, 11am  
Multiple Races

Sunday September 6,  
noon  
Racing Continues  
w/awards following

Signup via Yacht Scoring

This regatta earns participants points for Blacklock  
Trophy & MYC Boat of the Year Competitions

More details to come soon!



Did you know your membership includes reciprocity to over 900 other Yacht Clubs in America?

To see a list of reciprocating Yacht Clubs, please visit the following website:

Click "Members Only" Section of the YCA's website  
[www.ycaol.com](http://www.ycaol.com)

For Access:  
User ID: club1040  
Password: y100446c





MUSKEGON YACHT CLUB

N 43.21 W 86.32 / EST. 1934



Student's Name: \_\_\_\_\_ Age: \_\_\_\_\_ M/F \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent's Names: \_\_\_\_\_ Phone#: \_\_\_\_\_

Email Address: \_\_\_\_\_

Fees: MYC Member \_\_\_\_\_ \$50 Non Member \_\_\_\_\_ \$60 (Sessions are Monday-Friday)

Cash \_\_\_\_\_ Check \_\_\_\_\_ MYC # \_\_\_\_\_

Lessons are 30 minutes in length. See reverse side for Class Level Skills

*Session 1 June 22<sup>nd</sup>-26<sup>th</sup> Monday-Friday*

**Circle Session and Level**

*Level #5/#6 (9:30-10am) 7 years old -up*

*Level #4/#5 (10:15-10:45am) 5-6years old*

*Level #2 (11:00-11:30am) 3-4years old*

*Level #1 (11:45-12:15pm) 2-3years old*

*Session 2 June 29<sup>th</sup>-July 3<sup>rd</sup> Monday-Friday*

*Session 3 July 6<sup>th</sup>-10<sup>th</sup> Monday-Friday*

*Session 4 July 13<sup>th</sup>-17<sup>th</sup> Monday-Friday*

*Session 5 July 20<sup>th</sup>-24<sup>th</sup> Monday-Friday*

*Session 6 July 27-31 Monday-Friday*

Any questions please contact:

Mick Homan- MYC Swim Instructor

[Swcoach07@gmail.com](mailto:Swcoach07@gmail.com)

(231)638-0803

## MYC Swim Lesson Levels

### Level 1-Introduction to Water Skills (Age 2-3years)

**Objective:** To help students feel comfortable in the water and to enjoy the water safely

**Requirements:** None

**Skills Covered:** Entering and exiting the water safely, learning to submerge mouth, nose and eyes and breath control, front and back float and recovering to a stand, changing direction in the water, swimming 5 feet on front and back.

### Level 2-Fundamental Aquatic Skills (3-4years)

**Objective:** To give students success with fundamental skills

**Requirements:** Students entering this level must possess a Level 1 certificate or demonstrate all the Level 1 skills

**Skills Covered:** Entering water by stepping or jumping in from the side, submerging entire head, blowing bubbles, open eyes underwater, front and back glide, swim 15 feet on front and 10 feet on back, swim on side, life jacket use

### Level 3-Stroke Development(4-6Years)

**Objective:** To build on skills in Level 2 through additional guided practice

**Requirements:** Students entering this level must possess a Level 2 certificate or demonstrate all the Level 2 skills

**Skills Covered:** Jump into deep water, head first entry from sitting or kneeling, submerging and retrieving an object, bobbing, survival float for 30 seconds, treading water for 30 seconds, front crawl 15 yards, butterfly 15 feet, back crawl 15 yards, elementary rescues, safe diving, check-call-care

### Level 4-Stroke Improvement (5-7years)

**Objective:** To develop confidence in the strokes learned thus far and to improve other aquatic skills by increasing endurance through swimming greater distances

**Requirements:** Students entering this level must possess a Level 3 certificate or demonstrate all the Level 3 skills

**Skills Covered:** diving, underwater swimming, feet-first surface dive, 1 minute of survival floating, treading and back floating, 25 yards of front crawl, breaststroke and back crawl, 15 yards of butterfly and elementary backstroke and sidestroke, compact jump from height in a lifejacket, throwing assists and caring for conscious choking victim

### Level 5-Stroke Refinement (6-10years)

**Objective:** Coordination and refinement of strokes

**Requirements:** Students entering this level must possess a Level 4 certificate or demonstrate all the Level 4 skills

**Skills Covered:** Shallow dive, tuck and pike surface dives, 2 minutes of survival floating, back float and treading water, flip turns on front and back, 50 yards front and back crawl, 25 yards butterfly, breaststroke, elementary backstroke and sidestroke, 2 minutes of survival swimming, rescue breathing

### Level 6-Swimming and Skill Proficiency (10-up)

**Objective:** Refine strokes so students swim them with more ease, efficiency, power and smoothness over greater distances; includes "menu options" - Personal Water Safety, Fitness Swimmer and Fundamentals of Diving

**Requirements:** Students entering this level must possess a Level 5 certificate or demonstrate all the Level 5 skills

**Skills Covered:** 500 yards continuous swim using 100 yards each of front & back crawl, 50 yards each of breaststroke, elementary backstroke, sidestroke & butterfly and 100 yards choice of any of those strokes, survival floating and back floating 5 minutes each, feet first surface dive & retrieve an object from 7 feet, Cooper 12-minute swim test.

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~ MYC JULY 2020 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4  <i>Happy 4th of July</i>
5	6	7	8	9	10	11 <b>Committee Meeting</b>
12	13	14	15	16 <b>MYC Board Meeting 7 pm</b>	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

If you have events or meetings you'd like added to the Portwatch or website calendars, please contact Kim Nguyen - [kim@muskegonyachtclub.org](mailto:kim@muskegonyachtclub.org)



