



MUSKEGON YACHT CLUB

PORTWATCH

MAY 2019



3198 Edgewater, Muskegon, MI 49441 • 231-755-1414
www.muskegonyachtclub.org

FLAG OFFICERS

Commodore.....Brad Fisher
Vice Commodore.....Tim Wallace
Rear Commodore.....Dean Runk
Treasurer.....Larry Taunt
Secretary.....Jessica Ledsworth
Past Commodore.....Bud Ainsworth

BOARD OF DIRECTORS

Jim Bach
Mike Gassmann
Kevin Moore
Jon Tasker
Jay Wallace Jr.

FLEET OFFICERS

Fleet Captain of Sail.....Greg Young
Fleet Captain of Power.....Paul Wickland
Fleet Surgeon.....Dr. Don Crandall

STANDING COMMITTEES

By Laws.....Bill Newman, Ben Broughton
Dock & Yard.....Bill Richardson
House.....Eric Bombery
Juniors.....Scott Corder
Membership.....Melody Stenstrom
Race & Regatta.....Sam Nedeau,
Josh Wallace

MYC STAFF

General Manager.....Kim Nguyen
Executive Chef.....Caleb Westbrook
Business Manager.....Sue Peters
Facilities Manager.....Nicky Anderson

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Portwatch Submissions:

Please email Kim Nguyen
kim@muskegonyachtclub.org
Deadline for content
submission is the 20th of each
month.



MYC Staff Contacts:

Kim Nguyen,
General Manager:
kim@muskegonyachtclub.org

Caleb Westbrook,
Executive Chef:
caleb@muskegonyachtclub.org

Sue Peters,
Business Manager:
sue@muskegonyachtclub.org

Nicky Anderson,
Facilities Manager:
nicky@muskegonyachtclub.org



COMMODORE'S COMMENTS:

Happy Spring! Launch Day is almost here! I suspect most of you are working on your boats and thinking about getting your lawnmower out of the garage.

If you can spare the time from your own boat and yard work, please consider attending our Spring Volunteer Work Day – 9:00am Saturday, May 11. Like you, MYC needs to get its lawn furniture out of storage, wash the windows, install the awning over the patio, and clean up the yard. We're typically done by noon, at which point you can rationalize a nice lunch and a cocktail or two on the lawn. Launch Day activities are a great way to meet other members and get the Club ready for an enjoyable summer.

In other news, your Club leadership has been busy addressing a variety of "big picture" issues. In conjunction with our continued efforts to find a long-term solution to our dock issues, Soils & Structures will soon be conducting lake bottom soil borings inshore of our attenuator. The goal is to determine if the subsurface bottom conditions will support a fixed (not floating) system to protect the marina. The Board is also participating in a facilitated strategic planning session with Suzanne Velarde of Velarde Marketing. We've engaged in a variety of in-house strategic planning since 2015, but have not previously worked with an outside professional to develop a long-term strategic plan for the Club. We hope to emerge from this process with some long-term direction for the Club and the means to prioritize our many potential projects.

See you at the Club!

Brad

2019 Capital Improvement Fund Update

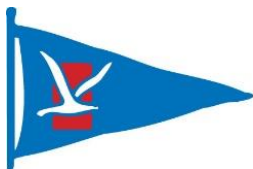
| |
|--|
| <p>2019 Collected: \$ 28,247</p> <p>+</p> <p>12/31/18 Balance: 29,687</p> |
|--|

| |
|---|
| <p><u>2019 Expenditures:</u></p> <p>Kitchen remodel \$23,829</p> <p>Available Balance = \$34,105</p> |
|---|



Dock Claim Insurance Settlement Summary

| Date | Transaction | Amount | Balance |
|-------------|-----------------------------|---------------|----------------|
| 6/25/18 | Ins. Settlement Chk #1 of 2 | 50,000.00 | 50,000.00 |
| 6/25/18 | Tucker Marine Constr. #168 | -25,700.00 | 24,300.00 |
| 8/6/18 | Ins. Settlement Chk #2 of 2 | 401,733.43 | 426,033.43 |
| 12/12/18 | Tucker Marine Constr. #190 | 4,800.00 | 421,233.43 |
| 1/31/19 | Edgewater Resources #1147 | 6,180.00 | 415,053.43 |
| 2/28/19 | Edgewater Resources #1242 | 2,896.75 | 412,156.68 |
| 4/11/19 | Edgewater Resources #1389 | 1,105.00 | 411,051.68 |



Club Hours of Operation
MAY 1, 2019 – MAY 13, 2019

| | <u>Bar Hours</u> | <u>Kitchen Hours</u> |
|------------|------------------|----------------------|
| Monday: | Club Closed | Club Closed |
| Tuesday: | Club Closed | Club Closed |
| Wednesday: | 4pm – 10pm | 4pm – 9pm |
| Thursday: | 4pm – 10pm | 4pm – 9pm |
| Friday: | 12pm – 11pm | 12pm – 9pm |
| Saturday: | 12pm – 11pm | 12pm – 9pm |
| Sunday: | 1pm – 9pm | 1pm – 8pm |



Club Hours of Operation
STARTING MAY 14, 2019

| | <u>Bar Hours</u> | <u>Kitchen Hours</u> |
|------------|------------------|----------------------|
| Monday: | Club Closed | Club Closed |
| Tuesday: | 4pm – 10pm | 4pm – 9pm |
| Wednesday: | 4pm – 11pm | 4pm – 9pm |
| Thursday: | 4pm – 10pm | 4pm – 9pm |
| Friday: | 12pm – 11pm | 12pm – 9pm |
| Saturday: | 12pm – 11pm | 12pm – 9pm |
| Sunday: | 12pm – 9pm | 12pm – 8pm |

MYC Committee Meeting Reminders:

- Dock & Yard Committee – 2nd Saturdays at 9:00 am**
- House Committee – 2nd Saturdays at 10:00 am**
- Membership Committee – 2nd Saturdays at 11:00am**
- Race & Regatta Committee – 3rd Weds at 7:00pm**
- Social Committee – as needed**
- Board Meeting – 3rd Thursdays at 7:00pm**



Membership Committee Report:

Hello Friends,

On April 13th MYC hosted the annual Spring Open House, which had a great turnout. Thanks to those who attended and who helped to create a welcoming atmosphere for all. Everyone enjoyed the live music provided by Upcoast Kin featuring Brett Dame, as well as the camaraderie and joyous atmosphere. We are happy to welcome all of the new and returning members to MYC!

The monthly committee meeting included more ideas regarding options for promoting MYC and possible events that would engage our first-year members. We want to ensure that our newer members are enjoying their MYC experience and welcome your ideas to make this happen.

The New Member Orientation will take place on June 1st. New members will receive an invitation with more details. Please plan to join us; we will be reviewing club procedures and other information that can help you to get the full benefit of your membership. It's also a great time to meet other new members!

We are pleased to welcome Emily Turek to the Membership Committee! She will help to provide fresh ideas and to represent the younger MYC demographic as a Junior member. We encourage you to consider joining too. If you are interested in sitting in on our next meeting – please join us! We meet on the 2nd Saturday of the month at 11 am.

Melody Stenstrom
 Membership Committee Chair
melodystenstrom@gmail.com

WELCOME NEW MEMBERS!

On behalf of the Membership Committee, we are happy to announce the following additions to the MYC Family:

| | | |
|--------------------------|---------------|-------------------|
| June Daugherty | Full Member | Norton Shores, MI |
| Gudrun & Barry Doan | Full Member | Muskegon, MI |
| Kristen & Steve Ebey | Full Member | Muskegon, MI |
| Alyssa & Connor Galligan | Junior Member | Grand Rapids, MI |

| | | |
|------------------------------|---------------|--------------------|
| Jim & Merri Beth Holt | Full Member | Grand Rapids, MI |
| Roger & Angela Houseman | Full Member | Lake Zurich, IL |
| Steven & Lynn Hundersmarck | Full Member | Muskegon, MI |
| Aaron & Pamela Mack | Full Member | Muskegon, MI |
| Julia & Dale Moore | Full Member | Cedar Springs, MI |
| Ken & Shari Nelson | Full Member | Hudsonville, MI |
| Jacob Pledger | Junior Member | Allendale, MI |
| Jeff & Mary Sherman | Full Member | North Muskegon, MI |
| Jeff & Mollie Walsh | Junior Member | Grand Rapids, MI |
| Phillip & Christian Weathers | Full Member | Muskegon, MI |
| Stan & Elaine Wingeier | Full Member | Alto, MI |
| Jim & Carol Zook | Full Member | Mason, MI |

WELCOME BACK FORMER MEMBERS!

| | | |
|-----------------------------|-------------|------------------|
| Robert & Ruta Dickens | Full Member | Spring Lake, MI |
| David & Katherine Kortering | Full Member | Norton Shore, MI |
| Linda Oestman | Full Member | Twin Lake, MI |
| Eric & Denise Seifert | Full Member | Muskegon, MI |



Muskegon Yacht Club

New Member Orientation

**We invite all new members to attend
& learn more about our club!**

Saturday, June 1st 11:30 am



By-Laws Committee Report:

Greetings,

It has been a long and difficult winter, but I have finally returned to and hopefully completing something I started working on eighteen months ago, the updating of our nomination and voting procedures for the election of the Board of Directors and Flag Officers of Muskegon Yacht Club. Currently our voting procedures require members to be present at our October Friday evening annual meeting to participate in our elections. Given that over sixty percent of our full members do not live in Muskegon, and given modern technology, an update of this procedure is long overdue so that ALL eligible voting members have a greater opportunity to participate in our elections.

After extensive correspondence and several meetings with our Bylaw Committee members Ben Broughton and Bill Newman, we have crafted new language and procedures that will revise and modernize our elections.

In addition, we have taken the opportunity to address a couple of other updates that are necessary. We are updating our language concerning our Semi Annual and Annual meetings as the current language refers to "Haul Out" and "Launch Day" which we no longer have, and the final minor change is to allow past board members as well as current board members to be eligible to participate in the Nomination Committee.

We will be presenting these proposed amendments at the May 10 Semi Annual meeting and scheduling a special membership meeting to review in June for a vote and anticipated adoption prior to the 2019 nomination and election cycle.

Please be on the lookout for this as it should hit your inbox the week of May 13th.

Thank you,

Larry Taunt
Treasurer



KENTUCKY
DERBY *Party*

SATURDAY, MAY 4, 2019

Men & Woman's Derby Hat Finery
Contest

"Run for the Roses" on the big
screens and surround sound!



SATURDAY, MAY 4, 2019

Live Music from "Bar Code" at
7:30pm



*Mother's Day
Brunch*

SUNDAY, MAY 12th
11:00 AM - 2:00 PM

- ❖ Scrambled Eggs
- ❖ Applewood Bacon & Sausage
- ❖ Potatoes O'Brien
- ❖ House made Biscuits and Gravy
- ❖ Baked Blueberry Cream Cheese French Toast
- ❖ Oatmeal with Assorted Toppings
- ❖ Fruit Platter
- ❖ Bakery Bread Basket
- ❖ Pastry Display
- ❖ Seafood Display
- ❖ Asparagus with Roasted Garlic and Preserved Lemons
- ❖ Spiral Ham
- ❖ Au Gratin Potatoes
- ❖ Chicken Lemongrass Brochettes
- ❖ Spinach and Berry Salad
- ❖ Dessert Variety Bar

RSVP required to attend!

This helps ensure accurate food preparation.

NO specific time slots, come and go as you please.

*Additional seating will be available upstairs & outside
(weather permitting)*

MYC menu will be closed until 3:00 pm

\$18.99 /PER PERSON

\$9.99 /CHILDREN UNDER 10

Please call the club for reservations 231-755-1414 or email
dianna@muskegonyachtclub.org

72-hour cancellation policy

*cancellations made after 72 hours prior to the event start time will not
be refunded*





House Committee Report:

Greetings members,

First and foremost, Spring Volunteer Work Day is Saturday, May 11 at 9 AM. Please be there if you can to help get the club ready for summer. My little ones are normally there helping, and they could use as many other volunteers as possible. Thank you ahead of time.

At April's meeting, in between boat work for me, we talked mostly about general yearly updates since the house seems to be settling down from our new year excitement. Spring hours start May 14th. Join us for our 1-pound perch basket and euchre night on Tuesday's starting May 14th. We are still determining summer hours which are usually based on area school schedules. I would anticipate summer hours to start either the second or third week of June. I will keep you posted as we get closer. We've had quite a few compliments lately which we always love, but as always remember to bring any issues as well.

Rome Palmer informed the committee that she was retiring from social committee after five years as chair. Please join me in saying thank you to her, and everyone on social committee, during the events early this year. House will help with the transition where we can.

The house budget, and the whole club, is set for next fiscal year. Don't let this amateur budgeter down and get in to the club, I'll see you there. Our boat goes in May 1, hopefully.

Eric Bomberye
House Committee Chair
bomberye@gmail.com
Gambit, Slip #71
bomberye@gmail.com





Juniors Committee Report:

IT'S TIME TO REGISTER FOR 2019 MYC SAILING SCHOOL CLASSES!



The schedule for 2019 Sailing School classes and the 2019 Sailing School Registration Form have been updated on the MYC Sailing School web site:

<http://www.mycsailingschool.org>

- Regular sailing classes start the week of June 24 and will run weekly through the week of August 12.
- Monday evening adult and family sessions will run from June 24 through August 12.
- Race Camp and Volunteer Assistant Instructor Training June 17-20.

CLICK THE LINK BELOW TO FOLLOW THE JUNIORS ON FACEBOOK

<https://www.facebook.com/Muskegon-Junior-Sailing-Program-134232283314396/>

REGISTER NOW FOR THE 2019 MYC JUNIOR RACE TEAM!



The MYC Junior Race Team is a great opportunity for youth sailors to engage in the sport and make lifelong friends! The 2019 MYC Junior Race Team practice and regatta schedule are posted on the MYC web site. This year we are eagerly seeking new sailors for the team, especially younger kids for our Optimist fleet. Please spread the word to your kids, grandkids and neighbors!

Click the following link for more info and the 2019 Registration Form:

<http://www.muskegonyachtclub.org/myc-juniors/>

2019 WEST MICHIGAN YOUTH SAILING REGATTA DATES

The West Michigan Youth Sailing Association "Friday Regatta" dates for 2019 will be as follows:

- June 28 at Macatawa Bay YC
- July 12 at Spring Lake YC
- July 26 at White Lake YC
- August 9 at Muskegon YC

For more information about the West Michigan Youth Sailing Association, go to the following link: www.westmichiganyouthsailing.org

Follow the West Michigan Youth Sailing Association on Facebook:

<https://www.facebook.com/groups/grjuniorsailing/>

2019 BUTTERFLY NATIONALS

The 2019 Butterfly Nationals will take place at Crystal Lake YC on July 16-18.

2019 WMYA WESTERNS

The 2019 WMYA Westerns will take place at White Lake YC on Aug 1-4.

HIGH SCHOOL SAILING NEWS

MYC Junior Instructor Frank Frisinger sails for the Grand Haven HS Sailing Team. On April 27, Frank formed a mixed team with sailors from Hamilton HS (photo below) to compete at the **“Lake Macatawa Challenge”** regatta. Frank and his teammates placed third overall, just one point short of second place.



For more about Midwest high school sailing, go to <https://missa.hssailing.org>

COLLEGIATE SAILING NEWS

April was a very busy month for collegiate sailors in the Midwest!

On April 6-7, Grand Valley State University hosted its annual **“Laker Showdown”** regatta at **Macatawa Bay Yacht Club**. MYC member Sarah Corder and her teammate Liam (in the photo below) dominated the A-Fleet at this event, winning all five of their races against teams from 10 other universities.

In addition to serving as the Regatta Co-Chair for the Laker Showdown, Sarah is now the Vice Commodore of the GVSU Sailing Team. Her teammate Liam is the team Commodore.



On April 13-14, GVSU was on the water again at Marquette University's "Cream City Classic" regatta in Milwaukee WI. Sarah and Liam won 4 of the 8 races to once again take 1st in the A-Fleet, 1st place in the overall fleet (below) and help GVSU finish 2nd in the combined scores for the second week in a row.

| | | Team | Div. | Total | Sailors |
|----|---|---|------|-------|---|
| 1 |  | Grand Valley State University Lakers | A | 23 | Liam Walz '21 1-8 Sarah Corder '22 1-8 |
| 2 |  | Purdue University Boilermakers | A | 25 | Rishab Nayar '22 Jacob Segal '22 |
| 3 |  | Marquette University Golden Eagles | A | 28 | Bobby Sessions '20 1-8 Katie Toohey '20 1-4 Makena Walsh '21 5-8 |
| 4 |  | Marquette University Golden Eagles | B | 30 | Solomon Dworsky '21 1-8 Anne Clark '19 1-4 Jess Lyon '22 5-8 |
| 5 |  | University of Wisconsin Badgers | A | 32 | Tye Rubin '21 Hayden Frentzel '20 |
| 6 |  | University of Wisconsin Badgers | B | 48 | Jack Barnes '21 Adam McAvoy '22 |
| 7 |  | Grand Valley State University Lakers | B | 50 | Ryan Higgins '20 1-8 Nichole Kievit '19 1-8 |
| 8 |  | Iowa State University Cyclones | A | 60 | Stefan Peterson '19 1-8 Delaney Kidd '22 1-4 Yousef Al-Absi '19 5-8 |
| 9 |  | Marquette University Warriors | A | 72 | Nicholas Carney '20 1-8 Stacy Mellantine '19 1-4 Caroline Alcock '22 5-8 |
| 10 |  | Marquette University Warriors | B | 78 | Learn McGinn '19 1-4 Etain McKinney '22 5-8 Lauren Nelson '22 1-4 Erik Floyd '21 5-8 |
| 11 |  | Iowa State University Cyclones | B | 90 | Austin Hanus '20 1-8 Alex Lorang '20 1-8 |
| 12 |  | Purdue University Boilermakers | B | 93 | Dylan Morris '20 Daniel Burns '22 |

GVSU returned to the dairy state again one week later for “**Mendota Madness**” at the **University of Wisconsin** in Madison. At this event, Sarah teamed up with fellow GVSU sailor and member of Larry Taunt’s J35 *Bad Dog* crew, Antoinette Martin, to compete in the B-Fleet. Nicole Kievit, another member of the *Bad Dog* crew, sailed for GVSU in the A-Fleet at this regatta.

Because there wasn’t enough wind to compete on Saturday, the boats in both the A-Fleet and B-Fleet raced together at the same time as one big fleet for seven races on Sunday. Despite some equipment issues in races 3 and 4, Sarah and Antoinette finished 6th overall out of all 14 teams and were the 2nd place boat in B-Fleet. Nicole finished 9th overall in the overall fleet of 14 boats.

The photo below illustrates one of the delightful benefits that happen when youth sailors choose to participate in collegiate sailing. When racing was cancelled due to lack of wind on Saturday, Sarah and Antionette took advantage of the sunny weather and, electing to take a brief break from the rigors of their studies, enjoyed a leisurely (albeit slow) sail around beautiful Lake Mendota with views of the Wisconsin State capital in the background.



😎 Sarah and Antionette would like everyone at MYC to know that they still got their homework done in time for classes on Monday morning.

For more about collegiate sailing go to: <https://mcsa.collegesailing.org>



Outer Dock Committee Report:

Soil boring will be taken at MYC by Soils & Structures the week of May 13. These will be taken at the end of the finger piers of B dock. This will take one or two days (probably Tue. & Wed.) and the barge with the drilling rig will be out of the way of any boats coming and in and out of their slips after 5 pm each day (first Wed night race scheduled for the 15th). We are sorry for any inconvenience at that time but there should still be plenty of open slips plus the courtesy dock is available at that time also.

The option of exploring a fixed outer wall wave fence requires these soil borings. The committee and outside experts feel this is a more permanent, long term solution for the marina and club. We have only been able to work with rough costs to date to price this out. In an effort to get more accurate costs, we have elected to have soil boring and a hydrographic survey taken of the bottom of this area of the proposed wave fence. This will tell us if the plying needed, should be say, 75 feet or 175 feet, in length and how heavy of a gauge of steel and support system needs to be engineered and built. If this option were elected, it would not start until the 2020 boating season at the earliest.

As always, feel free to contact me if you have any questions.

Bud Ainsworth

616 638 1676

cbainsworth@gmail.com



Race & Regatta Committee Report:

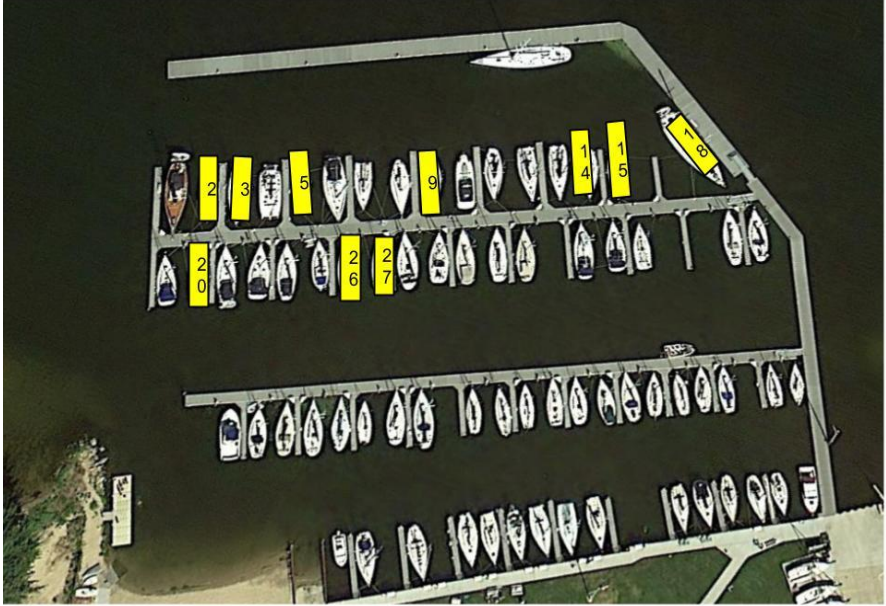
To view the 2019 Race Calendar, please click the link below:

<http://www.muskegonyachtclub.org/race-calendar/>





Dock & Yard Committee Report:



2019 Open Slips

Price Does Not Include Membership

Marina Amenities: Electricity, Water, and Wi-Fi

Slip 2, 46 foot slip, \$3,330 for 2019, port tie off

Slip 3, 46 foot slip, \$3,330 for 2019, starboard tie off

Slip 5, 46 foot slip, \$3,330 for 2019, starboard tie off

Slip 9, 46 foot slip, \$3,330 for 2019, starboard tie off

Slip 14, 38 foot slip, \$2,675 for 2019, port tie off

Slip 15, 38 foot slip, \$2,675 for 2019, starboard tie off

Slip 17, 30 foot slip, \$2,150 for 2019, starboard tie off

Slip 18, 38 foot slip, \$2,675 for 2019, port tie off

Slip 20, 38 foot slip, \$2,675 for 2019, starboard tie off

Slip 26, 38 foot slip, \$2,675 for 2019, starboard tie off

Slip 27, 38 foot slip, \$2,675 for 2019, port tie off

SAVE THE DATE:



SATURDAY, MAY 11, 2019

**JOIN US FOR COFFEE AND
DONUTS AT 9:00 A.M.**

Help is needed to haul and set up our outdoor summer amenities such as: picnic tables, adirondack chairs, patio furniture, fire pit, grills, pool furniture, etc. Please plan to join us for this MYC Tradition!

*ARE YOU ENROLLED IN THESE
CONVENIENT SERVICES...?*

Monthly Automatic Bill-Pay

MYC will automatically charge your credit or debit card once each month for the balance due on your account. No more mailing checks! No more finance charges -- your bill will always be paid on time!

Paperless Email Statements

Receive your monthly statement electronically!

*Contact Sue in the business office to sign up.
sue@muskegonyachtclub.org*



Thanks to everyone who participated in the MYC NCAA Men's Basketball Challenge. We hope that you enjoyed the tournament and watching the ever-changing standings.

There were 30 eligible entries, which provided a total of \$300 to be distributed among the top four winning brackets.

The results are:

- 1st place - \$150 - Bobby Cox
- 2nd place - \$ 75 - Josh Wallace
- 3rd place - \$ 45 - Melody Stenstrom
- 4th place - \$ 30 - Glynn Stenstrom





MUSKEGON YACHT CLUB

N 43.21 W 86.32 / EST. 1934

Commodore's Cup and Reception

SUNDAY, MAY 26, 2019

Race Starts at 12:00 pm

Parade of Commodores at 3 pm with the
Annual Pot Luck Luncheon to follow
(MYC will supply a sandwich bar)

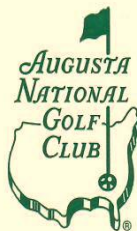


ROBERT TYRE JONES, JR.
President in Perpetuity

CLIFFORD ROBERTS
Chairman in Memoriam

WILLIAM PORTER PAYNE
Chairman Emeritus

FRED S. RIDLEY
Chairman



April 16, 2019

Members of Muskegon Yacht Club
Muskegon Yacht Club
3198 Edgewater Street
Muskegon, MI 49441

Dear Members of Muskegon Yacht Club:

We owe you our sincerest expression of gratitude for allowing Caleb to assist us with the 2019 Masters. You should know that he left a lasting impression on our members, players, patrons and possibly, and most importantly, on our team.

Our members and guests expect and deserve the very best. It is because of skilled and experienced leaders like Caleb, that we were able to deliver on those lofty expectations.

At the core of our organization, lies a dedication and focus on continuous improvement and a relentless pursuit for service excellence. Continual improvement is a foundational pillar of our culture and something we constantly strive for. Our goal is to do whatever we can to simply get better each and every day. Although we never quite get it right, with Caleb's help over the last week we certainly made some meaningful strides.

We realize the professional sacrifice you and your family made by allowing Caleb to be here for the week. Your contribution to the Masters has been extraordinary and we cannot thank you enough for your willingness to make this commitment.

Thank you again, it was an honor and pleasure to have Caleb on the 2019 Masters Leadership Team.

Sincerely,

Jim G. James, CCM
Senior Director, Club and Hospitality Operations

Cory Johnson
Director of Club Operations

LET'S PLAY!

CALLING ALL DOMINOES PLAYERS

EVERY FRIDAY AT 12:00 PM



MYC BAR AREA

**FOOD, FRIENDS,
AND FUN!**

CALLING ALL EUCHRE PLAYERS

EVERY WEDNESDAY AT 7:00 PM

**MYC ROUND
ROOM**



**HAVE A DRINK, EAT SOME FOOD,
PLAY SOME CARDS!**

CHASING THE CUP

- Sailing's Highest Prize -

Join AC Host

Tucker Thompson

For a sneak peak into the next

AMERICA'S CUP



- Relive the Storied History of the Oldest Event In Sports
- Examine the AC75: The Future of Cup Racing
- Hear What to Expect in New Zealand for the 36th Cup
- An Exclusive Look At New York Yacht Club American Magic

Presented by:

NEW YORK YACHT CLUB
**AMERICAN
MAGIC**

The Moorings
The Best Sailing Vacations In The World!


Gosling's Rum



**Join us for this special
presentation with
America's Cup Host
Tucker Thompson on
Wednesday, June 5, 2019**

(After the Wednesday Night Race)

Muskegon Yacht Club Swim Lessons

Instructor: Mick Homan

Swcoach07@gmail.com

(231) 638-0803

American Red Cross

Swimming Lessons Level 1-6

Level 1-Introduction to Water Skills

(Age 2-3years)

Objective: To help students feel comfortable in the water and to enjoy the water safely

Requirements: None

Skills Covered: Entering and exiting the water safely, learning to submerge mouth, nose and eyes and breath control, front and back float and recovering to a stand, changing direction in the water, swimming 5 feet on front and back.

Level 2-Fundamental Aquatic Skills (3-4years)

Objective: To give students success with fundamental skills

Requirements: Students entering this level must possess a Level 1 certificate or demonstrate all the Level 1 skills

Skills Covered: Entering water by stepping or jumping in from the side, submerging entire head, blowing bubbles, open eyes underwater, front and back glide, swim 15 feet on front and 10 feet on back, swim on side, life jacket use



Level 3-Stroke Development(4-6Years)

Objective: To build on skills in Level 2 through additional guided practice

Requirements: Students entering this level must possess a Level 2 certificate or demonstrate all the Level 2 skills

Skills Covered: Jump into deep water, head first entry from sitting or kneeling, submerging and retrieving an object, bobbing, survival float for 30 seconds, treading water for 30 seconds, front crawl 15 yards, butterfly 15 feet, back crawl 15 yards, elementary rescues, safe diving, check-call-care

Level 4-Stroke Improvement (5-7years)

Objective: To develop confidence in the strokes learned thus far and to improve other aquatic skills by increasing endurance through swimming greater distances

Requirements: Students entering this level must possess a Level 3 certificate or demonstrate all the Level 3 skills

Skills Covered: diving, underwater swimming, feet-first surface dive, 1 minute of survival floating, treading and back floating, 25 yards of front crawl, breaststroke and back crawl, 15 yards

of butterfly and elementary backstroke and sidestroke, compact jump from height in a lifejacket, throwing assists and caring for conscious choking victim

Level 5-Stroke Refinement (6-10years)

Objective: Coordination and refinement of strokes

Requirements: Students entering this level must possess a Level 4 certificate or demonstrate all the Level 4 skills

Skills Covered: Shallow dive, tuck and pike surface dives, 2 minutes of survival floating, back float and treading water, flip turns on front and back, 50 yards front and back crawl, 25 yards butterfly, breaststroke, elementary backstroke and sidestroke, 2 minutes of survival swimming, rescue breathing

Level 6-Swimming and Skill Proficiency (10-up)

Objective: Refine strokes so students swim them with more ease, efficiency, power and smoothness over greater distances; includes "menu options" - Personal Water Safety, Fitness

Swimmer and Fundamentals of Diving

Requirements: Students entering this level must possess a Level 5 certificate or demonstrate all the Level 5 skills

Skills Covered: 500 yards continuous swim using 100 yards each of front & back crawl, 50 yards each of breaststroke, elementary backstroke, sidestroke & butterfly and 100 yards choice of any of those strokes, survival floating and back floating 5 minutes each, feet first

surface dive & retrieve an object from 7 feet, Cooper 12-minute swim test.

Lessons are 30 minutes in length.

Session 1 - June 10th - 14TH

Monday-Friday

Circle Session and Level

Level #1 (4:00-4:30pm)

2-3years old

Level #2 (4:45-5:15pm)

3-4years old

Level #3/#4 (5:30-6:00pm)

5-7years old

Level #5/#6 (6:15-7:00pm)

7years old-up

Session 2 - June 17th-21ST

Monday-Friday

Session 3 June 24th- 28th

Monday-Friday

Session 4 July 8th- 12th

Monday-Friday

Session 5 July 15th-19th

Monday-Friday

Circle Session and Level

Level #5/#6 (9:30-10am)

7 years old -up

Level #4/#5 (10:15-10:45am)

5-6years old

Level #2 (11:00-11:30am)

3-4years old

Level #1 (11:45-12:15pm)

2-3years old

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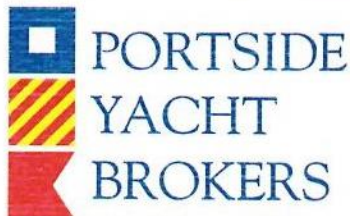
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| ~ MYC May 2019 ~ | | | | | | |
|--|---|--|---|-----------|---|---|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| | | | 1 Wine Dinner | 2 | 3 | 4 Kentucky Derby & Cinco De Mayo Parties |
| 5 | 6 | 7 | 8 Challenge Trophy Race 6 pm | 9 | 10 Semi Annual Board Meeting 7:30 pm | 11 Volunteer Work Day 9 am Committee Meetings |
| 12 Mother's Day Brunch 11am – 2 pm | 13 | 14 Spring Hours Start Euchre Night 7 pm | 15 Race Night 6:30 pm | 16 | 17 Melges Spring Regatta Open to the Public | 18 Melges Spring Regatta Open to the Public |
| 19 Melges Spring Regatta | 20 | 21 | 22 Race Night 6:30 pm | 23 | 24 | 25 |
| 26 Commodore's Cup & Reception | 27 Memorial Day-Club Open 12:00- 8:00pm | 28 | 29 Race Night 6:30 pm | 30 | 31 | June 1 New Member Reception |
| | | | | | | |

If you have events or meetings you'd like added to the Portwatch or website calendars, please contact Kim Nguyen - kim@muskegonyachtclub.org